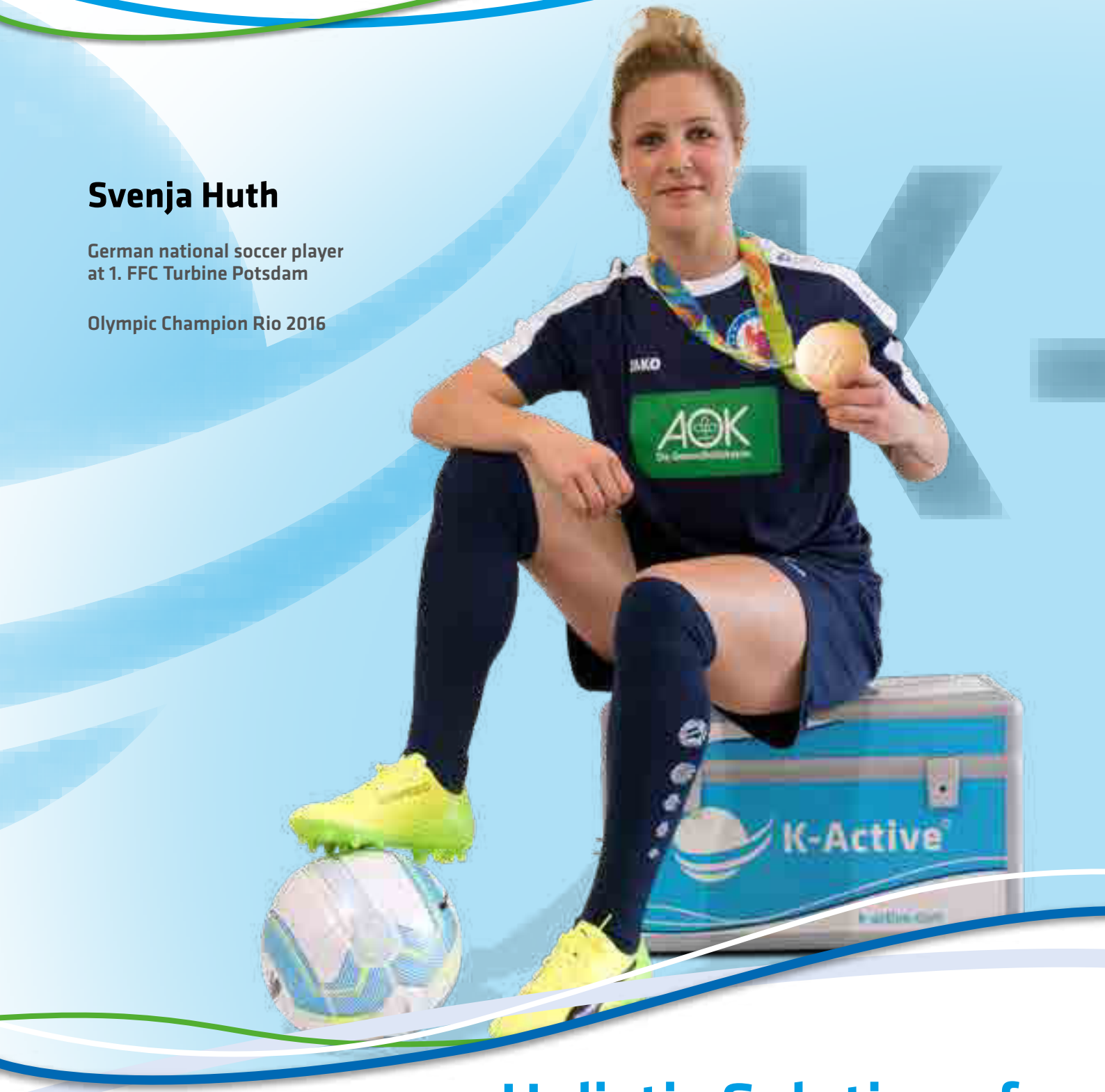
K-Active®



Svenja Huth

German national soccer player
at 1. FFC Turbine Potsdam

Olympic Champion Rio 2016

Holistic Solutions for Sport and Medicine

Product catalogue

January 2019

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More professional products:

www.k-active.com/en/products

K-Active® education system:

www.k-active.com/en/courses

Introduction

Dear Customers, friends and colleagues,

Industry 4.0, digitization and co. - these and many other keywords determine the current discussions in society. The medical and physical therapy sectors are also part of these changes, so you have to be prepared for the future. For example computer-generated diagnoses of algorithms, automated ordering or a digital voice assistant à la Siri and Alexa, which accepts the calls of your patients.

The trend is towards automated processes with significantly less movement, effort and direct **human-to-human contact**. Even more important are treatments in which the **"therapeutic hand"** is applied to humans, as well as physical therapies, to balance emotional and mental deficits of the modern age.

In this busy time of digitization, we will show you how to **slow down your everyday life**: In addition to the well-known taping courses, we are expanding our training system with new and exciting topics, such as courses that present a **modern** and **novel fascia training** and appeal to all senses.

Furthermore we will include other important elements, such as **nutrition**, reduction of **electrosmog** or **geomancy** in our training program.

In our current course offer you will also find training courses for new therapy possibilities: the use of **frequency-specific microcurrent (FSM)**. Many life functions and structures in the body are regulated by means of these microcurrents or by certain frequencies. Important new devices have been developed based on the **latest research findings**; such as the **B-E-St® microcurrent device by JeeCee** or the **physiokey®** which supports the body through **bioregulation**.

Many innovative oriented doctors and therapists are already using these therapies very successfully every day. We would like to introduce you to these new and modern therapeutic options - for the well-being of your patients and athletes.

We are looking forward to going this exciting and innovative way together with you.

Yours sincerely,

Siegfried Breitenbach

Managing Director K-Active® Europe GmbH
Owner of the German Olympic Sports Confederation licence sports physiotherapy

K-Active® Success Story

1994

When **Mr. Siegfried Breitenbach, certified physiotherapist of the German Olympic Sports Confederation**, started his distribution company in 1994 besides his clinic for physical therapy, no one could anticipate the great success and dynamic growth of this company.

2002

The in early 2002 specially founded **Kinesio Deutschland GmbH** focusing on training and the distribution of Kinesiology Tapes was established as one of the pioneers in Europe.

2007

Out of **Kinesio Germany GmbH**, the company **K-Active® Europe GmbH** was founded in 2007 with an education system and for the distribution of Kinesiology Tapes.

2014

Due to the continuous expansion of K-Active®, the workforce moved into a new **company** building in Hösbach near Aschaffenburg in 2014.

Course system

The **K-Active®** courses are currently developed and held from 50 instructors, composed of professors, doctors, therapists, alternative healers and sports scientists all over the world.

Course in Hungary with 75 participants

Products

The **K-Active® products** are available in more than 50 countries in cooperation with local partner companies. To meet the clients expectations and in accordance to the motto **"holistic solutions for sports and medicine"** K-Active® continuously improves & develops it's product assortment for taping, sports and medicine.

Any questions? Please contact us!

+49 (0) 6021 62998-100 info@k-active.com @k_active kactiveeurope

K-Active®

K-Active® Tapes & Equipment

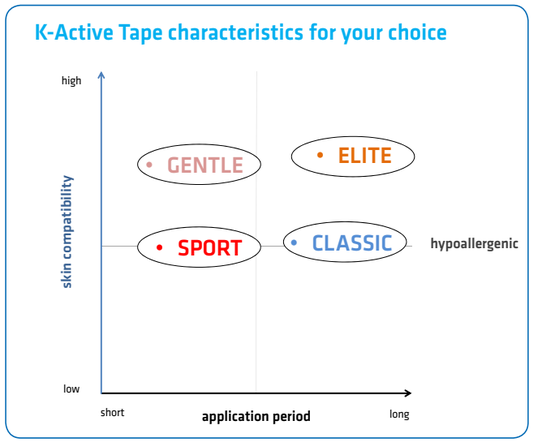
For your health and performance!

EMPFOHLEN DOSB EMPFOHLEN

www.k-active.com

K-Active® Tapes

Tradition and innovation = the perfect solution for every need!



Experienced

More than 30 years ago, the first Kinesiology Tape was developed by the company Nitto Denko in Japan and was established in the modern medicine worldwide. For a secure taping of, for example, children, pregnant women, patients and athletes, it is important and elementary for K-Active®, that the tapes are produced according to **high quality standards and under continuous observation**. This ensures a permanent high quality of the K-Active® products.

Checked

30.000 employees are daily dedicated to the production and development of different products and are **ISO certified from the German TÜV**. K-Active® Tapes are approved as **medical devices in Class 1**.

ISO 9001
ISO 13485

Highest quality - made by Nitto Denko Medical!

Safety

- Long-term application by strong hypoallergenic adhesive and exact edges
- Water-repellent cotton fabric and latex-free
- Free of damaging organic halogen components
- Exact sinusoidal waves for air and liquid circulation

For your safety ...

... daily used in top-class sport and recommended by DOSB!

Recommended

Many **national teams, top-teams and single sportsmen** are using the K-Active® products for many years successfully all over the world. Doctors and therapists swear by the K-Active® Tapes high quality because in top-class sports **highest quality** is the matter instead of the price of the product.

Recommended by the German Olympic Sports Confederation since 2012: The K-Active® Tapes

K-Active® Products - used at many World and European Championships!

Excerpt of references:

K-Active®

The most popular K-Active® Tape

K-Active® Tape Classic

The origin of all kinesiology tapes!

What to expect

Since its birth **30 years** ago Nitto Denko has continuously **optimized** the characteristics and production process of K-Active® tapes.

Your expectation towards the original:

- hypoallergenic acrylic adhesive
- best skin compatibility
- breathable, elastic cotton fabric
- free of pollutants
- reliable long-lasting
- leaves no residue
- fair price-performance ratio

For your safety

This long **lasting product experience** also means over 30 years **therapy experience** with the original Nitto Denko tapes. Together with **Bachelor students and studies** they assure highest safety standards for users all over the world.

No other Kinesiology Taping product can offer these characteristics on the worldwide market!

The classic kinesiology Tape – tested and proved!

Essential in therapy

Used over years by leading doctors and therapists in sports and medicine area

Put your trust in the favoured K-Active® Tape for the health of your patients and athletes!

„ For my professional soccer player I need highest quality products. With the original by K-Active® we are save! “

Thomas Stubner
Physiotherapist Darmstadt ‘98 (1st division soccer team) and HSG Wetzlar (German handball)

Dimensions/roll: 5 cm x 5 m	Blue	Pink	Beige	Black	Green
1 box set /Art.No.	6400	6420	6440	6445	6450
6 box set/Art.No.	6101	6121	6141	6146	6151

K-Active®

More tape for less money!

K-Active® Tape Classic
17 m long roll

Your advantage:
Reduced prize for high tape consumption in clinics, practices and sport!

Dimensions/roll: 5 cm x 17 m	Blue	Pink	Beige	Black	Green
1 box set/Art.No.	6500	6520	6540	6545	6550

„ For my basketball players I like to use the K-Active® Tape in therapy. To work effective and cost-saving for the club, I use the 17-m-roll for reduced prize! “

Bogdan Suciu
Physiotherapists Telekom Baskets Bonn
(German Basketball)

For expanded applications!

K-Active® Tape Classic
7,5 cm wide roll

Therapeutical Possibilities

- Increased effect for larger/voluminous athletes and patients
- Enhanced sensory input by a larger skin and tape surface
- Effective lymph taping by extensive fan-applications
- Results-improvement with special techniques

Dimensions/roll: 7,5 cm x 5 m	Blue
4 box set/Art.No.	6201

„ For my large boys I need a little bit more material - the 7,5 cm wide roll is the right thing! “

Ronny Frank
Physiotherapist s‘Oliver Baskets Würzburg

K-Active®

K-Active® Tape Gentle

The first tape for sensitive skin thanks to the STRATAGEL® adhesive technology

New: Patients with sensitive skin can be taped now

More and more people suffer from **sensitive skin**. But also in special situations e.g. after **operations, lymphostasis,** (after cancer) and in case of **chronical wounds** our protecting zone needs a very gentle treatment.

Therefore the company Nitto Denko has developed this new adhesive generation. It makes a more gentle treatment of children, elderly people, diabetes-, cancer- and lymphatic patients possible.

The hypo allergen and skin friendly tape conveys a really smart wearing and therefore gives a gentle sensory input.

Gentle - even when removing the tape

The completely new STRATAGEL ® adhesive technology, it **dissolves in itself** and **minimizes the skin irritation**.

The dermatologic compatible quality of K-Active® Tape Gentle was proved in many test series.

The innovative therapy solution for sensitive skin!

- Hypo allergen
- Excellent skin compatibility
- Tape removing without irritation
- Multifunctional usable
- Latex-free

The feel-good tape!

Opens new therapy possibilities!

Especially suitable for

- Every sensitive skin
- The gentle skin application, especially
  - for children
  - for elderly people
  - after operations
  - for diabetes-, cancer- and lymphatic patients
  - for chronical wounds

„ Especially after an osteopathic treatment my patients love a gentle sensory input. Thanks to the tape, I can keep my therapeutic hands on the patient for 24 hours, 7 days a week! “

Dr. Ulrike Aussem
Medical doctor and osteopath

Dimensions/roll: 5 cm x 5 m	Rosé
1 box set/Art.No.	**6868**
6 box set/Art.No.	**6829**

VIDEO ´K-Active® adhesive technology´
- Scan QR-Code and watch:

K-Active®

The exceptional talent!

K-Active® Tape Elite

The strongest tape for gentle demands!
With STRATAGEL® PLUS adhesive technology

Your demand - our answer = „Power Gentle“

Who says that strong and gentle are mutually exclusive? At K-Active® this combination results in the smartest tape ever: the K-Active® Tape Elite. Due to the optimised **STRATAGEL® adhesive technology**, the adhesion could be enhanced and therefore the average **application period** could be improved in addition to the proven **skin compatibility.**

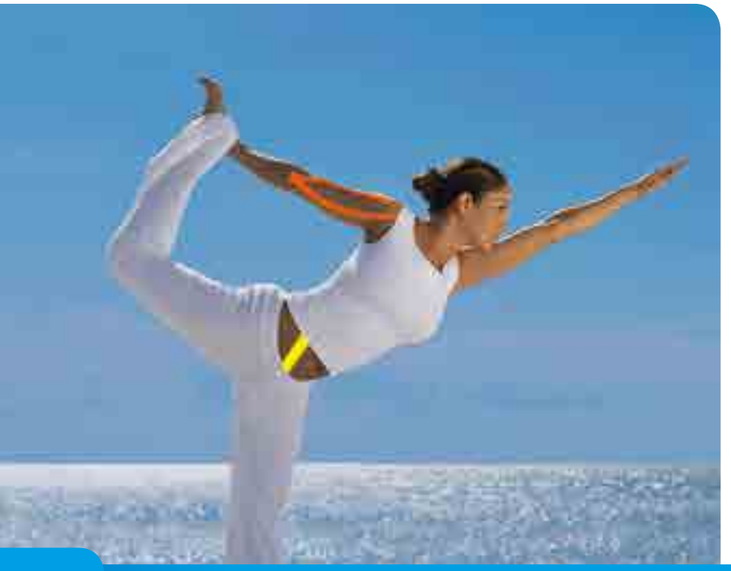
Universally applicable

Especially athletes and patients with sensitive skin will be surprised by the K-Active® Tape Elite: this exceptional talent is extremely sensitive to the skin and has simultaneously an outstanding influence on the body structure and therefore on the therapeutic results.

STRATAGEL® PLUS adhesive technology

Specially developed; gives the K-Active® Tape Elite:

- best adhesion and long-term and gentle application
- reliability even at extreme challenges such as swimming in salt water or heavy sweating
- gentle tape removal without additional skin irritations



No Limits:
Application even in sportive and therapeutically extreme situations

Discover new therapeutic options with our most flexible tape ever!

„ Partly, I have to change the tape daily. In these situations, I like to use the K-Active® Tape Elite as it keeps the skin irritations as low as possible! “

Maik Liesbrock
Physiotherapist Eintracht Frankfurt
1st division soccer team

Dimensions/roll: 5 cm x 5 m	Orange	Yellow	Beige
1 box set/Art.No.	68071	68081	68041
6 box set/Art.No.	68076	68086	68046

VIDEO "The world of K-Active® Tapes"
- Scan QR-Code and watch:

K-Active®

Extra strong: For sport and activity!

K-Active® Tape Sport

With reduced elasticity!

With the K-Active® Tape Sport, Nitto Denko developed an extremely effective tape which particularly **'informs' and supports the structures and fascia**. Due to the reduced elasticity of the cotton fabric and the strong adhesive, the K-Active® Tape Sport is suitable particularly for dynamic sports and other activities.

NOTE: Of course this tape can be used for all kinesiological tape techniques.

„ Judo is a dynamic and powerful sport that puts the structures under high stress. Through the K-Active® Tape Sport I can offer my athletes more 'mechanical/sensory' support in these situations! "

Marco Welz
Physiotherapist German Judo national team
Member of the German Olympic team London and Rio
K-Active® Instructor

K-Active® Tape Sport - always one step ahead!

Advantages

- Reinforced **mechanical support** for the body structures and functions
- Suitable for 'more mechanical' **special techniques**
- **Efficient** for short-term applications
- **Prophylaxis** in sport and dynamic activities

Best price-performance ratio!

Dimensions/roll: 5 cm x 5 m	Red	White
1 box set/Art.No.	67011	67001
6 box set/Art.No.	67016	67006

More sensory information

The modified tape characteristics support the **stability** as well as **coordination** in a **sensory** way and can be used during sport prophylaxis, but also for all our **therapies.**

VIDEO "8 round for ankle"
- Scan QR-Code and watch:

K-Active®

Fast help for practice, sports and home!

K-Active® Tape PreCuts

Open – Apply – Activate

The most popular of all Tapes, the K-Active® Tape Classic in a new design

With this PreCut Tapes you have more time for the important things – your attention for the rehabilitation of your patient. There is no time-consuming cutting especially for the lymphatic fans. The exact cut on the edge prevents the early frazzle and increases the **wearing comfort** and the **application period** for the patient – for optimal customer satisfaction. Well saved in a box, each of the 20 PreCut is essential for practicing therapy, but they also fit in every sport bag and they are useful for the first aid in home use.

Lymphatic *Extra wide and seperable!*
7,5 cm x 25 cm

... ideal for the lymph- and fascial and correction techniques

Use:
- Reduction of swelling
- Reduction of hematoma after injury / surgery

X shape
5 cm x 25 cm

... ideal for pain point taping and for functional techniques

Use:
- Stabilization, correction of postures
- Limitation of movements
- Pain and trigger points

Y shape
5 cm x 25 cm

... ideal for techniques of muscle, fascial and correction

Use:
- Support of the muscle
- Preventive strengthening of muscular vulnerabilities

„ The advantage: time savings through pre cut tapes! “

Ronny Frank
Physiotherapist s‘Oliver Baskets Würzburg

VIDEOS
"K-Active® Tape PreCuts"

- Scan QR-Code and watch:

The precise cut and rounded edges prevent an early separating of the tape from the skin!

NOTE:
Also available with retail displays.
If you are interested, feel free to contact us!

Your benefit in therapy

- Proven material of the K-Active® tape classic
- Less taping time with PreCut tapes
- The exact cut with already rounded edges assures a longer period of wear
- Saved in a hygienic, reclosable box
- Extra wide lymphatic fans – separated to use for 2 tapes
- For first aid in sports or at home

The PreCuts are ideal for the intensive process of competition. Even between 2 rounds of the match it is possible to tape a precut without quitting the match. Lymphatic tapes are a “must have” after every injury! “

Ferdinand Jeske
Masterclass karate 2. Platz / 2014 + 3. Platz / 2015 and 2016
Physiotherapist | K-Active® Instructor

K-Active® Tape PreCuts 20 pieces in every box	Blue	Pink
Lymphatic; 7,5 cm x 25 cm/Art.No.	**69000**	**69001**
X shape; 5 cm x 25 cm/Art.No.	**69050**	**69051**
Y shape; 5 cm x 25 cm/Art.No.	**69100**	**69101**

Fast and skin-friendly cleaning!

K-Active® CleanSkin Spray

Improves adhesion - ideal for application before Kinesiology and Sport Taping

If anyone is doing a lot of sports or is busy in the surgery, **soap and water are not always at hand**. They will benefit from this clean spray. By using the spray, the **adhesion** of Kinesiology and sport tapes can be optimized at **strongly transpiring body regions** during diaphoretic sports or after a **massage** with oil or cremes.

Advantages
- Skin-friendly cleanser
- Hypoallergenic
- Easy to use
- Fast cleaning of skin parts
- Improved adhesion of the tape
- Longer adhesion, even in critical situations

Application
- Spray on skin
- Wipe surpluses
- Apply tape

„ Playing in the elite sports category often means being fast. That is why the CleanSkin Spray is an optimal aid for the quick and effective cleaning of the skin at the sideline!“

Tobias Kehlenbach
Physiotherapist German Korfball national team
K-Active® instructor

K-Active® CleanSkin Spray	
200 ml/Art.No.	6286

Effectively and efficient!

Spray adhesive

An indispensable helper for everyone in sports or in therapy

To fix kinesiology or sport tapes better or longer in special situations like **strong sweating,** during sports or in special regions like **feet and hand**, this spray adhesive can be used effectively.

Advantages
- skin friendly
- latex free
- strong and securely adhesive

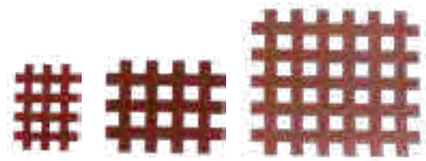
Note
The taping region can be sprayed or the kinesiology tape on the back after removing the release paper.

BSN® Spray adhesive	
300 ml/Art.No.	6289

CrossTapes

Cross Tapes in different sizes as an effective supplement to kinesiology taping.

Application on **points of pain, trigger- or acupuncture-** as well as on **muscle injuries** and **small joints.**



CrossTapes	
Size M (20 x 30 mm), 180 pc./Art.No.	6290
Size L (28 x 36 mm), 120 pc./Art.No.	6292
Size XL (44 x 52 mm), 40 pc./Art.No.	6294

K-Active® TapeCare! Box

Hygienically, practicable and sustainable:

With the developed TapeCare Box for especially protecting tape products you always have everything under control:

- The TapeCare box in handy size **prevents** directly skin contact through permanent touch and protects against other **contaminations**
- The boxes can be put both in **besides** and **stacked** on top of each other. So a **confusion** of single, open tape rolls can be **prevented** – **handy in therapy and on the way**
- The tape colour is visible by **transparent material**
- The **practicable opening slit** allows a fast and easy pulling out

K-Active® TapeCare! Box ø ca 9 cm	
Art.No.	21192

Remington Body Groomer Pivoteer

The BodyGroomer Pivoteer adjusts to the body contours. It's **high developed, chirurgic steel blade** provides optimal cutting capacity. The washable shaving head allows a **constant hygienically use** on the patient.

Product details

- ergonomic design for a perfect handling
- Main and battery operation with charge station with an operating time of up to 30 Min.
- 3 combs for different cutting lengths

Remington Body Groomer Pivoteer 219 mm x 128 mm x 84 mm	
607 g/Art.No.	6308

Sporttape Cutter ZIP-CUT

Enough of cumbersome handling with scissor – with the Tape Cutter ZIP-CUT **(sport) tapes can be removed quickly and effective**, especially in the ankle region. With its **small weight** and the compact size the cutter **lies well in the hand** and cuts the tape easily.

Product details

- Unbreakable nylon
- Exchangeable blade

Sporttape Cutter ZIP-Cut	
Art.No.	6284

Taping scissors

K-Active® Scissors Classic

MADE IN GERMANY DEUTSCHES WERKZEUG

Quality - universally applicable - very good price

This scissor has been designed for a **sharp cut** to avoid fraying of the tape and premature removal from the skin.

The **manufacturer in Solingen** is known for its high-end stainless steel products. This guarantees a high level of quality - **'Made in Germany'**, combined with a great price-performance ratio.

Advantages

- Dura-Steel = resistant and stainless
- Solid-Cut = stable and solid
- Ergo-Grip = ergonomic and light
- Incisors = accurate cut

Good to know:

The packaging consists of plastic to optimally protect the scissors. It can also be used as a travelling case for the medical staff.

K-Active® Scissors Classic	
Length 21 cm/Art.No.	6283

K Scissors K210

Product details

- Scissors consisting of light material
- Cutting surfaces are very sharp and resistant
- Teflon coated

K Scissors K210	
Length 21 cm/Art.No.	6280

K Scissors K160n

These two **Japanese taping scissors** consist of **Teflon-coated** cutting surfaces. This coating avoids an entry of the acrylic adhesive into the metal pores of the cutting surfaces.

Product details

- Stainless and thus long-lasting
- Easy handling

K Scissors K160n	
Length 16 cm/Art.No.	6281

K-Active®

Medical Products

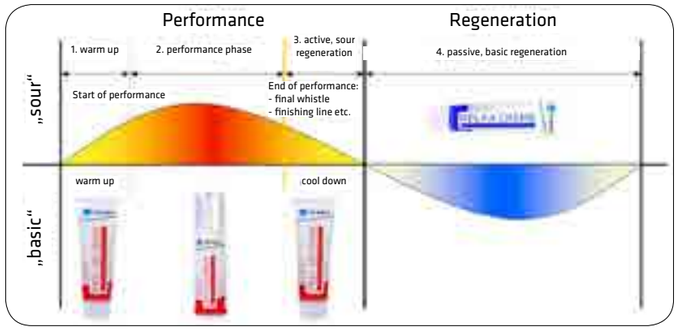
For your performance, recovery and wound healing

K-Active® Vitality Line

Activated trace element and mineral products

The products of the K-Active® Vitality Line are used in many areas. **Due to the activated trace elements and minerals they support the performance and regeneration** of the athlete/worker, but they can also be used very effectively in the **prophylaxis**, at structural overloads and ailments, after **open** and **closed injuries** and after **surgeries**.

Besides the ingredients, the **different pH values** of the products support the **body's activity and regeneration processes.**



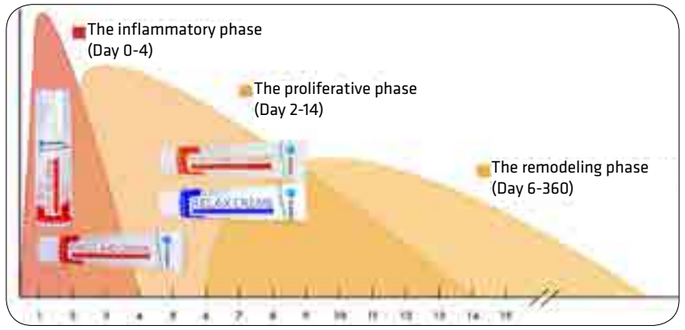
Areas of application at sport

- Prophylaxis
- Sportive load
- Regeneration
- At overloads and structural problems

Areas of application at therapy

- Support of therapeutic results
- Injuries
- Surgeries

All products are certified medical products.



Effect

- Improves the performance and regeneration phase
- Minimizes the occurrence of hematomas
- Supports healing
- Reduces swelling
- Reduces pain

Effect of Vitality Line confirmed by studies.

K-Active® First Aid Creme

First aid creme for the acute and primary care of **closed blunt injuries** (such as bruises, sprains, muscle injuries).

Effect

- Minimizes the occurrence of hematomas
- Supports healing
- Reduces swelling
- Declines pain

Note

- Can also be used on the mouth, eye and mucous membrane area.
- Can be used in prophylaxis before and during sports (including cool-down) or according to the daily cycle in the **morning (sympathetic)**.
- Used in **iontophoresis** under the **anode**

K-Active® First Aid Creme	
150 ml/Art.No.	11010
20 g/Art.No.	11010SA

The products of the K-Active® Vitality Line do not suppress the symptoms - they help the body to support the auto repair processes!

K-Active® First Aid Spray

Acute and primary care of **open injuries** (such as abrasions, cuts and lacerations) and **burnings** of 1st and 2nd degree. Suitable for children and sensitive skin.

Effect

- Cleans the wound
- Reduces the bleeding
- Prevents infections
- Reduces swelling
- Promotes wound healing
- Without any skin irritating ingredients

Evidence

Can also be used in the oral, eyes and mucosal area or for activation during sports.

K-Active® First Aid Spray	
200 ml/Art.No.	11020

More intensive care!

K-Active® Vitality Line

K-Active® Elektrolyt Creme

The Elektrolyt creme differentiates from the First Aid creme through a higher PH-level of the basic substance and an optimum fat content for a noticeable intensive caring experience.

A medical product for external application for the healing of **injuries of the skin** (such as abrasions, cuts, lacerations and contusions), **burnings of 1st and 2nd degree** (also **sunburn**) and for treatment of **scars and blunt traumas** (2nd healing phase).

Effect

- Promotes the wound healing
- Reduces swelling
- Reduces pain
- Prevents infections
- Minimizes the occurrence of hematomas
- Reduces scarring

Bruising and edema are accelerated degraded, the swelling reduced and thus relieves pain. Formation of new tissue is supported, healing after operations or injuries (wounds, burns, sunburn) is improved and the scarring is reduced.

Application notes

K-Active® Elektrolyt Creme can also be applied in combination with a conventional bandaging material. By covering the injured skin with a bandage, the wound is additionally protected from external influences that may interfere with the healing. K-Active® Elektrolyt Creme is suitable for iontophoresis. It is applied under the anode.

Evidence

- Can be used for oral, eye and mucosal area
- Usable for treatment of radiation damage and older scars

K-Active® Elektrolyt Creme	
100 ml/Art.No.	11040
20 ml/Art.No.	11040SA

Supplement for relaxation and regeneration!

K-Active® Relax Creme

For external use in the regeneration phase. Promotes relaxation and recovery of muscles, tendons and ligaments.

Effect

- Promotes 'passive' regeneration phase after sporting/ physically load
- Acts against muscle soreness and cramps
- Supports structural healing after injuries and surgeries

Evidence

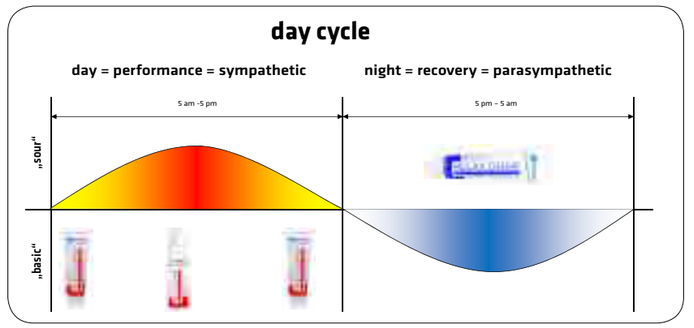
- Can be used for oral, eye and mucosal area
- Can be used in the prophylaxis after sports or according to the day cycle in the evening
- During iontophoresis it is applied under the cathode

Note:
The First Aid, Elektrolyt and Relax Crème are also available in 20 g mini tubes!

The K-Active® Relax Creme enables the necessary mineral substitution within the corresponding performance and regeneration phases of the body!

„ The Vitality Line products are highly supporting me to get the tennis ladies fit on the point prior to a competition and are helpful for a fasterregeneration! "

Petra Winzenhöller
Alternative healer and therapist of the tennis player Andrea Petkovic and the German Fed-Cup Team



K-Active® Relax Creme	
150 ml/Art.No.	11030
20 ml/Art.No.	11030SA

Polar Frost®

For quick cooling

Polar Frost® is an **analgesic, natural cooling gel** from Lapland based on Aloe Vera. It is **not oily, doesn't stain** and **contains natural ingredients**.

Effect

Polar Frost® **reduces the skin temperature** of the affected area **by 5 to 6° for 2 until 4 hours** after treatment without occurring of hypothermia or frostbite.

Application areas

- Muscle tension and joint pains
- Swellings and inflammations
- Used in support for painful and inflammatory diseases of the musculoskeletal system (sciatica, back and neck pain)
- Polar Frost is optimal for refreshing and relaxation after physical effort

Properties

- Long lasting cooling (2 to 4 hours)
- With natural ingredients (cooling with menthol, care through Aloe Vera)
- Polar Frost is absorbed quickly and doesn't leave any traces

Polar Frost® Gel	
Tube; 150 ml/Art.No.	51410
Roll-On; 75 ml/Art.No.	51411
Dispenser; 500 ml/Art.No.	51412

Polar Frost® Cold Spray	
Spray; 220 ml/Art.No.	51420

Polar Heat®

Support of healing by heat

Effect

- The effect is **based on fabrics such as e.g. camphor and eucalyptus**
- The warming gel is thought as an **aid in disorders of the peripheral blood circulation, various types of pain and non-inflammatory pain and tension**
- The application stimulates the circulation and creates a pleasant feeling **in this region**
- It supports the body in **muscle tension**
- The increased capillary blood flow brings **more oxygen into tissues and cells and can support autoreperative processes of the body.**

Application areas

The Polar Heat® warming gel is ideal for the treatment of **not inflamed muscles and joint pains.** It relieves muscle tension and stress.

The Polar warming gel causes a higher blood circulation on the applied skin so that the muscle relaxes and the pain is relieved immediately.

Product properties

Polar Heat® warming gel contains new, effective ingredients like, camphor and Aloe Vera.

Ingredients: Water, Alcohol, Capsicum Frutes cens, Menthol, Carbomer, Kampfer, Eucalyptus Glopulusleaf oil, Aloe Barbebedensis Extrakt, Propylenglykol, Triethanolamin, Methylparaben, Silica, Propylparaben, CI 42090

Polar Heat® Gel	
Roll-On; 75 ml/Art.No.	51430

Made of natural ingredients

NAQI®

Skin Care Innovators

Massage-Lotion Ultra

Massage-Lotion Ultra	
500 ml/Art.No.	50400
5000 ml/Art.No.	50410

Excellent gliding effect – economical consumption

The lotion is very efficient and rich so that you can reach good effects with less lotion. Skin friendly and not oily emulsion: After treatment the skin is dry so you can put on your clothes without any concern.
This lotion doesn't contain **paraben** or **formaldehyde.**

Massage-Lotion Sport

Oil-rich massage lotion for longer sport massages

The NAQI® Massage Lotion Sport offers excellent lubricating properties with very high quality ingredients. This massage lotion can be used extremely sparingly, can be easily washed out and leaves no stains. With an **oil content of 44%**, it is ideal for **longer sport massages** (about 45 minutes).

Massage-Lotion Sport	
500 ml/Art.No.	50401
5000 ml/Art.No.	50411

Coldpack Standard / Cold-Hotpack / Coldpack Instant

Reusable NAQI® Cold Hotpack for persistent pain relief. Pharmaceutical quality. Due to its flexible shape the NAQI® Cold- Hotpack clings to the affected body part.

Flexible: This non-toxic gel stays flexible in temperatures until -30°C and can be warmed up in hot water or in the microwave up to max. 70°C. Pharmaceutical raw material.

Save: Instructions are printed inside so that the color will not get in contact with the skin.

Strong: Four layers, ideal for permanent use.

Coldpack Standard	
1 box set; 13x27cm/Art.No.	50420
10 box set; 13x27cm/Art.No.	50421

Cold-Hotpack	
1 box set; 13x27cm/Art.No.	50430
10 box set; 13x27cm/Art.No.	50431

Coldpack Instant	
1 box set; 13x27cm/Art.No.	50440
10 box set; 13x27cm/Art.No.	50441

Further products as well as the suitable fleece cover at www.k-active.com

NAWA®

Innovation in life science

Wound cleansing spray

Quickly to hand is the NAWA® Medical wound spray for gentle and painless cleaning of acute wounds **(i.e. abrasions, lacerations and cuts)**. It is also suitable for sensitive skin or children. By generating an optimal environment (moisture, pH value) and an **infection prophylaxes** this spray supports wound healing. Also suitable for the mouth and mucosa area.

Wound cleansing spray	
Art.No.	1260

StriaSan Pre / Post

Pregnant – a special reason to be and to remain beautiful and happy

With the **StriaSan Pre** the physiological body processes are supported and the appearance of **stretch marks** is prevented.

With the **StriaSan Post** the **degeneration of the stretched tissue** after pregnancy is aided.

StriaSan Pre	
Art.No.	1100

StriaSan Post	
Art.No.	1110

Pre / Post Sport Lotion

These sport lotions are suitable for external use. The Sport Lotion Pre has to be applied immediately **before or during sports.** The lotion reduces the risk of injury of muscles, tendons and ligaments and prevents aching muscles and muscle hardening.

The Sport Lotion Post for external use **after sports activities** relieves pain caused through overload of muscles, ligaments and tendons and supports the regeneration.

Pre Sport Lotion	
Art.No.	1030

Post Sport Lotion	
Art.No.	1040

K-Active®

Tapes & Dressings

For your optimal sports physiotherapy

K-Active® Cohefix

With an excellent price/performance ratio!

The cohesive, elastic bandage (smooth) is often used as an **undercast bandage** for sport tapes and for **fixing wound and sport bandages** in amateur or profi sport it should not be missing in your clinic or athletic trainer kit!

Properties

- Very economical use thanks to its low price
- Breathable
- Very skin friendly
- Non-sliping and ideal for bandages of often moved body parts
- Sterilizable up to 121 ° degree
- 60 % stretching

Material

- Colours red, blue and skin-coloured: 39 % cotton, 61 % polyamide
- Colour white: 39 % viscose, 61 % polyamide

K-Active® Cohefix bandage	Blue	Red	Skin	White
8 cm x 20 m/Art.No.	6610	6611	6612	6613

Polysport Sport Tapes

The inelastic sport tapes are often used in high class sports. They are suitable for **prophylactic and therapeutically supporting and protecting bandages** as well as for **treatment of muscle, ligament and joint injuries.** It is an important tool in the field of **sport** and should not be missed in your clinic or athletic kit.

Information

The POLYSPORT sport tape has an **adhesive strength**. It is **tensile and inelastic**. The edges have a serrated cut which enable a simple manual cross ripping for the user.

Polysport Sport Tapes	White
40 box set; 2,5 cm x 10 m/Art.No.	3070
30 box set; 3,8 cm x 10 m/Art.No.	3071
20 box set; 5,0 cm x 10 m/Art.No.	3072

Material properties

The carrier material consists of 100 % cotton, coated with a skin-compatible zinc oxide/ natural rubber adhesive which is harmless regarding skin allergic reactions. The material enables a **simple and clean removing from the skin.**

Rehab Medic®

Sporttape Strap All

The **inelastic adhesive sport tape** for functional bandages with high adhesion for an **attractive price**.

The functional bandage technology with inelastic plaster materials is used in many areas of prevention, therapy and rehabilitation of injuries on the motion apparatus.

Sporttape Strap All	White
32 box set; 3,8 cm x 10m/Art.No.	4880

PreTape

Before applying adhesives tapes, it's advisable to protect the skin of the patient/athlete, especially if they have sensitive skin. This PreTape contains of **thin polyurethane** and serves to prevent skin irritation caused through several applications of tapes and bandages.

PreTape	Beige
6 box set; 7 cm x 27 m/Art.No.	4890
12 box set; 7 cm x 27 m/Art.No.	4891
24 box set; 7 cm x 27 m/Art.No.	4892

Easy Wrap Rolling-Off

Practical role with cellophane self-adhesive tape:

- Ideal as an alternative to elastic bandages
- Offers transparent compression and allows controlling the injury
- Handle for easy positioning included
- Thickness: 0,80 mm
- Box Content: 6 rolls with handle

Easy Wrap Rolling-Off	
6 box set; 10 cm x 198 m/Art.No.	4900

K-Active®

Therapy

Optimize your therapy offers

BellaBambi® by K-Active®

The innovative pressure massage offers various applications in sports, wellness and beauty. The different intensities offer every user a comfortable and effective work.

Made in Germany!

Application Areas

- Massage support
- Fascias therapy
- Scar treatment
- Cellulite treatment
- Peeling and skin care
- Relaxation
- Skin activation

Innovative vacuum massage!

Therapy

Discover the new and innovative kind of vacuum therapy, better known as “soaking”.

Due to this depression, the cups, consisting of silicone, enable effective fascia training, promote an instant and visible higher blood circulation and thus support the well-being of patient and sportsmen.

Subsequently applied ointment products like the First Aid Crème or the Relax Crème can be absorbed much better and contribute to an improved performance or faster regeneration after work or sports.

Test this comfortable feeling in your therapy or take your “therapist at home”!

Note:
The skin friendly material is unbreakable and also suitable for dishwashers.

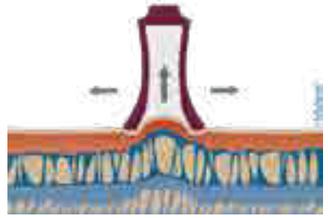
BellaBambi® SENSITIVE	Yellow
ø 2,0 cm/Art.No.	12681
ø 3,5 cm/Art.No.	12671

BellaBambi® VITALITY	Orange
ø 2,0 cm/Art.No.	12682
ø 3,5 cm/Art.No.	12672

BellaBambi® INTENSE	Rubin-Red
ø 2,0 cm /Art.No.	12689
ø 3,5 cm /Art.No.	12679

VIDEO ´BellaBambi Massage´
- Scan QR-Code and watch:

Innovation in the therapy!



Cosmetics

Simultaneously a slight **peeling** of the skin is affected during the application. Thus, they also got their place in **cosmetics**. The subsequent **absorption of active ingredients** of cosmetic is also more effective.

Health and beauty – you are in therapeutic control!

The **innovative vacuum massage** by BellaBambi® enables various and effective applications in **sports, wellness and beauty.** Due to the diverse intensities of the different products, they enable every user a comfortable and effective work on every body part.

BellaBambi® multi allows fascial applications all over the body with **adjustable negative pressure**. This allows an **individual adjustment of the suction strength**, so that the effect is always noticeable.

BellaBambi® multi	
Art.No.	12710

Further colors, sizes as well as set offers can be found at www.k-active.com

HipTrac™

Hip traction in therapy or self-treatment

All occurring hip problems especially **arthroses** constitute a problem for the people. Manual tractions of this joint are experienced very beneficial by sportsmen and patients and can often improve the painful and movement limiting situation.
With the HipTrac™ a device was developed that can also perform this **pleasant traction.**
So this device is available for the medical stuff in hospital and in rehabilitation institutions or clinics as an instrumental therapy. Additional the device can be applied effective for **self-treatment** at home.

HipTrac™	
Art.No.	10590

K-Active® Floss bands

A strong “elastic band” for therapy and training

Increasingly seen in therapy or sports: Flossing Bands. The trend is growing and the flossing bands were used more and more by doctors, therapists and coaches.

According to statements of users, the following results could be noticed:

- Moves liquids in the area of the application
- Positive influence on receptors and structures
- Dissolves tissue adhesions
- Improves joint mechanics
- Promotes mobility
- Enables training during reduction of blood circulation and oxygen in the appropriate area
- Can promote muscle regeneration after training
- Can accelerate the comeback into training after operations and injuries

VIDEO ´K-Active® Flossing Knee´
- Scan QR-Code and watch:

Trainings and active therapy with K-Active® flossing bands

NOTE: Effectiveness isn’t scientifically proved.

According to sportsmen and patients:

Increased range of joints and more ease in joints directly after removing the flossing band!

The flossing bands of K-Active® are made of **100 % natural rubber** and especially suitable for “compression-therapy”.

They are available in **different widths and strengths** to treat different body regions and physics optimal.

To treat also **big areas, 2,40 m** was chosen as length.

„ With the flossing bands I have collected very good experiences in prophylaxes and after injuries as well as patients- operations! “

Torge-Nils Eistrup
Independent Dipl. Physiotherapeut and Osteopath i. A.
K-Active® Instructor

K-Active® Floss bands 1 Roll	Yellow	Blue
240 cm x 1,5 mm x 5 cm/Art.No.	**50151**	
240 cm x 1,5 mm x 7,5 cm/Art.No.		**50152**
240 cm x 1,02 mm x 5 cm/Art.No.	**50153**	
240 cm x 1,02 mm x 7,5 cm/Art.No.		**50154**

Sportscare

The two stars on the sidelines – our sports case Liga and Profi

Made in Germany – very robust in workmanship and flexible inside, that distinguishes these two high-quality cases. Developed by pros for pros and used all over the world.

In order to meet the requirements of each customer in the filling, we support you in choosing the best products in accordance to the future field of use and the experience of the doctor or therapist.

K-Active® Drinking Bottle

For the adequate hydration during exercise!

- Highest quality standard due to production in Europe
- Large opening allows easy and hygienic cleaning
- Long-term use
- Fits perfectly into the brackets of sport case Profi or into bottle holders of bicycles

K-Active® Drinking Bottle	
750 ml/Art. No.	21190

K-Active® Protective Screw Packs

- Predestined for the storage of sport tapes
- Partly suitable for the storage of Kinesiology Tapes
- The length can be changed by screwing the two elements
- Fits into the K-Active® sport case Profi

K-Active® Protective Screw Pack	
ø ca. 7cm/Art.No.	21191

K-Active® Case Profi

- Reinforced aluminum frame and edge protection
- Holders for potective screw packs
- Changeable pockets
- Detachable holders for drinking bottles
- Including six drinking bottles
- Carrying strap
- Lockable

K-Active® Case Liga

- Reinforced aluminum frame and edge protection
- Variable cover flaps
- Transparent pocket for plaster etc.
- Changeable pockets
- Carry strap
- Lockable

„ With the national teams you are often traveling. That´s why you need a powerful and practical case! “

Dainius Pavilonis
Physiotherapist Lithuanian Football national team

K-Active® Case Profi incl. 6 drinking bottle	
24cmx52cmx33 cm/Art.No.	21110

K-Active® Case Liga without content	
17cmx49cmx37 cm/Art.No.	21106

Doctor`s case Deluxe Kit

The reliable companion at the sideline!

Offers a perfect organization in every detail and is easy to carry! Due to it's optimal padding sensible equipment is well saved in this doctor`s bag.

Doctor`s case Deluxe Kit	Black
27 x 10 x 39 cm/Art.No.	21140

Backpack

Sports care made easy

The Rehab Medic backpack is perfectly suitable for the transport of various products for your sports care. Compared to the use of cases and bags you always have your hands free. The wide and padded straps ensure a pleasant wearing comfort.

With the variably adjustable Velcro compartments you can divide the storage to your individual requirements and all of the products stay in their space. The allround-padding protects the products from external influences.

Backpack	Black
50 x 35 x 23 cm/Art.No.	21160

Athletic Trainer Kit (small or big)

Ideal sports bag for hobby and professional sports

The padded bag is easy to carry and offers generous space for equipment like tapes, scissors, tweezers, cooling sprays and crèmes. It consists of washable and waterproof polyester with PVC coating. The strong zippers as well as the strengthened grips and shoulder straps ensure a long durability.

Athletic Trainer Kit	Black
small: 45 x 26 x 28 cm/Art.No.	21120
big: 56 x 32 x 34 cm/Art.No.	21130

Trolley-Set Pro RM

The right trolley for great tasks in sports business and especially when you travel. Ideal for carrying many products for your optimal therapy because of the wheels and hinged handles. With many bags and compartments it is very clear. A “Must have” for every doctor and therapist in amateur and top-class sport.

- Big capacity
- Wheels with light rolls
- Flexible straps
- Grip tape with ergonomic padding

Trolley-Set Pro RM	Black
670 x 400 x 350 cm/Art.No.	211302

Compression socks

Especially for sports and physical strains
– recommended also for daily work of therapists

Effect

The tight-fitting, elastic material from the toes to the knee achieves a **compression to get through the elevated Tissue pressure to reduce swelling** as well as to achieve improved blood circulation and better oxygenation for the muscle and other body structures. In addition, the **arch supports** are optimally supported and held in position for longer, which delays the fatigue of the muscles.

Product information

- Anatomically shaped – high performance
- Pleasant wearing
- Optimal compression effect
- Support of the arches of the foot **- Patented System!**

Compression socks	
Size M, White/Art.No.	58422

All colors and sizes at www.k-active.com

K-Active®

Bioresonance & Electrotherapy

For every problem the "right energy"

B-E-St®

Bio - Energy - Stimulation

What means B-E-St®?

The B-E-St® or Bio-Energy Stimulation uses micro currents, which have influence on the self-healing processes in different ways. **Scientists could verify, that at stimulation of less than 500 microampere the ATP-synthesis increases by 500-800 %, the protein-biosynthesis by 70 % and the membrane transport capacity by 40 %.** Through this support on the cellular level different physical problems can be influenced positive according to respective technical performed therapies.

Note: "Open cells" are thankful and particularly receptive for the input of trace elements and minerals, which are provided to the body through the K-Active® Vitality Line.

Advantages of the B-E-St®-method:

- Over 25 years experience with micro currents
- Development of therapy concepts and their placement in different training modules, as a requirement for an optimal therapy

According to doctors and therapists well applied in:

- Arthrosis, arthritis, rheumatic pains
- Joint pains and wear
- Bruises, strains, hematomas
- Muscle hardening, tensions
- Circulatory- and wound healing disturbances
- Inflammations of all sorts (carpal tunnel syndrome)
- Energy undersupply, exhaustion, burn-out-syndrome
- Postoperative care
- Psoriasis, neurodermatitis, scar treatment
- Insomnia, anxiety, depression
- Deacidification, expulsion, detoxification
- Basic regulation

Advantages of the B-E-St® device:

- The device works in the **microampere range.** This microcurrent **occurs naturally in the body** and allows e.g. the **increase in ATP production.**
- Note: Other devices often operate in the milliampere range, which is much higher than the natural microcurrent in the body. This can bloch e.g. the ATP production.
- The **simultaneous use of up to 4 channels saves time**.
- The device offers **107 fixed therapy programs** as well as the **possibility to set individual programs.**
- Advantage for the doctor or therapist: In addition to therapy by means of adhesive electrodes, you can also **apply your therapeutic abilities** to the patient and athlete at the same time using **hand and glove electrodes.**
- The **display** shows easily the **contact points for the adhesive electrodes.**
- **Biofeedback:** Through the graphical or numerical re**presentation of the therapy results** on the display, the therapy is **verifiable.** This is also important for patients as they usually do not feel the microcurrent.
- Free and automatic polarization is possible.

Natural support of autoreparative processes by micro currents!

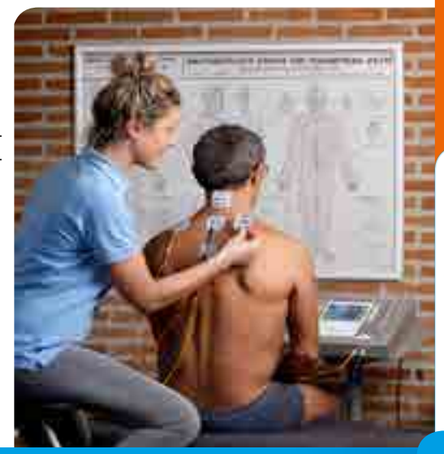
Possible effects in the human body:

- Increase in ATP production (Cheng at al 1982)
- Change in Membrane PRedein Synthesis (Cheng at al 1982)
- Lowering the number of cytokines (McMakin 2004)
- Increase in the number of endorphins (McMakin 2004)
- Information transport via the human semiconductor system (Albert Szent-Györgyi)
- Frequency-specific effects on "states"
- Frequency-specific effects on structures
- Influence on scar production

Note: Some experts are convinced of the treatment options with B-E-St® and the corresponding therapy, but these are only a minor opinion. A clear scientific proof of effectiveness is currently not available in all areas.

B-E-St® device by JeeCee	
Art.No.	**10150**

Equipment available upon request or in our OnlineShop!



Multiscan Pro

MultiscanPro is a new, innovative type of medical measurement and analysis system.

It is a tool that is easy and quick to interpret and very descriptive of things, both for the therapist / coach / doctor - also together with patients / athletes and athletes. It offers significant added value in **terms of prevention, counselling and health care**. Multiscan Pro is a unique **combination of medical applications** to get a quick overview of homeostasis and the most important regulatory mechanisms of the human body. The test takes 2 minutes.

It assesses the cardiovascular system, the autonomic nervous system, the state of organs, neurotransmitters, body compositions, and one's own lifestyle and makes recommendations regarding nutrition and recovery.
Included in the price: Software: 2 licenses (installation on 2 laptops/computers) and hardware, installation, education and training, hardware warranty, technical support, update.

Advantages:
- Tool for medical analysis of the body
- Assessment of the cardiovascular system, the autonomic nervous system, states of organs and much more
- Duration of the test is only 2 minutes

Multiscan Pro	
Art.No.	20000

Properties:

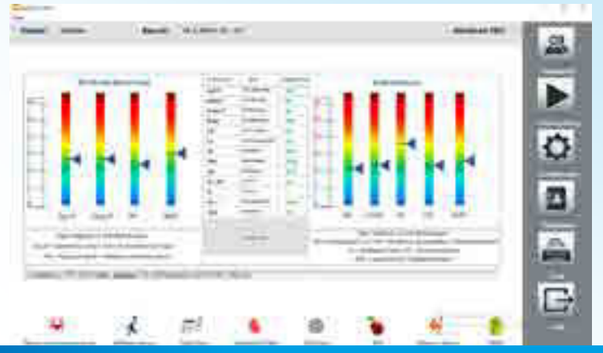
- Segmental Multi-Frequency Bio-Impedance Analysis
- Display of body composition (FM, FFM, TBW, ECW, ICW, BMI, muscle mass)
- Evaluation of electrodermal activity
- Body composition 3D view (color coded fat display)
- Nutritional recommendations
- Comprehensive support in the therapy decision for SPA / fitness / sport
- Vertebra 3D rendering (neuromuscular disorders with color-coded display)
- Heart Rate Variability Indicator
- Detailed examination of the autonomic nervous system (sympathetic / parasympathetic activity)
- Digital pulse wave analysis and hemodynamic indicators
- Valsalva maneuver / orthostatic test / deep breathing test
- IMDG software (interpretation and data management) including a cardio / physiological and lifestyle score, 3D modeling of living tissues, organs and an assessment of statistical diseases

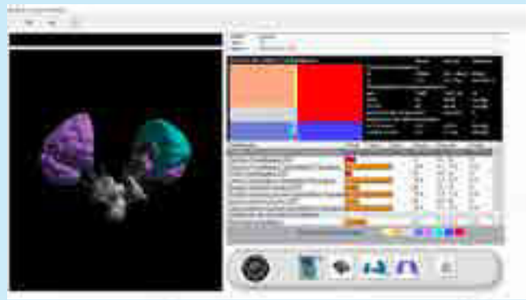
General Explanation:

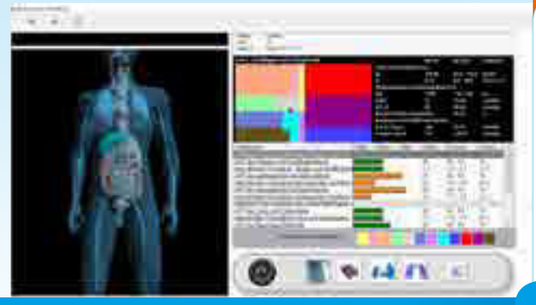
The Multiscan Pro System is a combination of different technologies and signal analysis to obtain a full, physical, detailed analysis of the body. 6-electrodes and a probe perform the measurement with the following features (properties) pulse oximeter (SpO2 sensor), photo electric, plethysmograph sensor (PP sensor) and a heart rate variability sensor (HRV sensor).

Reference:

The Multiscan Pro system consists of 4 systems in one:
IM / HRV / SpO2 / BIA







physiokey®

The professional - Bioadaptive Therapy - perfect for medical practices!

Based on the fundamentals of **bioadaptive-controlled impulse therapy** this device increases the **self-regulation** in the body very intensively by means of **11 programs**.

Skin and tissue resistance measurements establish a dialogue with the body, which runs in the microsecond cycle and constantly adapts to the new situation in the treatment area.

Biofeedback: As the condition of the tissue improves, both the patient and the therapist can hear an increasing acustic sign.

The goals of this therapy are quick pain relief, one Functional improvement as well as a positive change of the Tension of the muscles.

Application:
- Diagnosis
- Bioregulation
- Key-Phorese

The physiokey® is used in the following medical fields:
- Myofascial system
- Nervous system
- Digestive tract
- Genitourinary tract

Made in Germany!

physiokey®	
Art.No.	10700

physiokey® Pro Set

Scope of delivery physiokey® Pro set:
- physiokey®
- Charging station
- Charging cable
- Carry case
- Training material
- Replaceable head "Matrix"
- Replaceable head "HighPro"
- Replaceable head "Kamm"
- Replaceable head "Trigger"
- Replaceable head "Connector"

physiokey® Pro Set	
Art.No.	10708

Innovation in the therapy!

sanakey® Standard

The entry-level model - Also for self-treatment!

Based on the fundamentals of **bioadaptive-controlled impulse therapy**, this device intensifies the **self-regulation** in the body very intensively by means of 5 programs. This version uses only bioregulation and key phoresis.

Functionality:
The sanakey® activates the body's own regulation through bioadaptive impulses. The impulse delivery influences the autonomic nervous system and thus the body's own adaptation processes. The defenses are strengthened and the body is shown a way to self-help.

The sanakey® is used in the following medical areas:
- Myofascial system
- Nervous system
- Digestive tract
- Genitourinary tract

With the optional replaceable heads, the device optimally adapts to your needs.

sanakey® Standard	
Art.No.	10800

dermakey® +

The beauty professional - ideal for cosmetic applications!

Application:
The dermakey® + has 2 different application methods, which change in daily use can be connected. Both forms are consecutive coordinated and combine cleaning, care, activities and support the use of high-quality cosmetics.

Mode "Bioregulation"
In this setting, the body's own regulation is activated by bioadaptive impulses. Through the impulse levy influences the body's adaptation processes.

Mode "Keyphorese"
This setting is a modified type of Iontophoresis, which helps to penetrate your high-quality cosmetics deep under the skin.

Application areas:
- Skincare and wellness
- Treatment of tissue weaknesses and cellulite

dermakey® +	
Art.No.	10900

Note: Some experts are aware of the treatment methods with physiokey®, sanakey® and dermakey® + and the corresponding therapy, but these represent only a minor opinion. There is no unequivocal scientific proof of effectiveness.

K-Active®

Courses & Literature

Fresh knowledge for your success!

K-Active®

Our knowledge for your success!

Olympic and national teams profit from our knowledge – you also!

Make use of our experience and the knowledge of our big instructor-team for your further therapy and the benefit of your patients.

The K-Active® course system is a modular system, which starts with the masterclass 1. Subsequently masterclass 2 or the special courses can be taken up.

HINWEIS: Alle Kurse auch In House möglich.

K-Active® Taping Masterclass Modul 1

Focus: myofascial system

contains the holistic philosophy behind K-Active® Taping as well as knowledge in anatomy trains, tensegrity, fascial distortion model, fascia research, thoughts of osteopathy and much more. After learning kinesiology taping techniques the focus lies on the K-Active® assessment. The assessments basis is to communicate through a sensory test-stimulus with the body, to identify the points of key (which partly lie in the distance) and the taping form. According to these basics applications for special clinical pictures are developed and after that the tapes were applied.

VIDEO ´Promotion K-Active® Taping Basic Course"´ - Scan QR-Code and watch:

K-Active® Taping Masterclass Modul 2

Focus: internal organs, nerves, meridian and vascular system

The module deepens the holistic knowledge of module 1 among others with further insights from fascia research, segment anatomy, organ clock, reflex relations between muscle and skin and much more. In the practical part, the assessment with the new knowledge is again presented and practiced from a different perspective. In addition to these holistic therapy approaches, standardized and proven facilities such as disorders of the lymphatic system, cancer aftercare, nerve pain, vegetative dystenia, menstrual disorders and sports injuries, are presented and practiced.

Advanced course offers!

Special courses

For specialising in medical fields we developed these courses in cooperation with renowned institutions and we are continuously optimizing the content.

Sport

A must for every therapist, who is in sport business or treats sportsmen in his private clinic.
In this course the body's own processes and reactions on injuries are explained so that the acute care and therapy measures are successful. Based on the instructors' knowledge and experiences, which work in top-class sport since a long time and have been members of the Olympic team, recurrent injuries are treated.

Paediatrics

This course was developed together with the Olga-hospital in Stuttgart, the largest Children's hospital in Germany. In this course therapy possibilities from all fields of Paediatrics are presented and practiced.
Several videos verify the method-effectiveness in field of Paediatrics and are to increase your motivation using K-Active® Taping for children successfully.

Spine / ISG

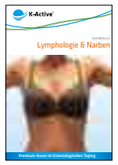
The spine as our central organ is not only co-responsible for the straightening of the body and the organs protection, it is also hosting a part of our nervous system. As a result disturbances can have different effects on our body. In this course helpful tapings for many spinal disturbances and problems are shown and used in practice.

Neurology

Disturbances in neurology systems often have significant consequences on the patients' different physical functions. Consequently the patients find it very helpful, if the tapes improve their living situation and their physical functions so that live is "colorful" again. Let yourself be inspired by our neurological instructors!

Gynecology & Obstetrics

Especially during pregnancy medicines cannot be administered to expectant mothers in case of disturbances. Therefore kinesiology taping offers a big opportunity to have a positive impact on the problems during the pregnancy and birth. Also other gynecological disturbances react positive to the taping. Contribute to a positive pregnancy!



Lymphology and scars

Our lymphatic System is a very important and effective system for waste treatment in tissue.
Especially in the period after strain, injuries or operations the removal of structure rubble is only possible with this system. Therefor the lymphatic taping offers a very effective method to enable tissue regeneration and health. Further fields of application are for example in cancer therapy. The treatment of fresh and older scars is presented and practiced also.

Refresher

Life is movement and naturally the knowledge is changing. K-Active® constantly strives to integrate the newest taping findings in the course system. With the refresher course we offer you and your team in a daily course to update your knowledge in taping or to diagnose and to treat patients together with your instructor. Update your team and yourself!

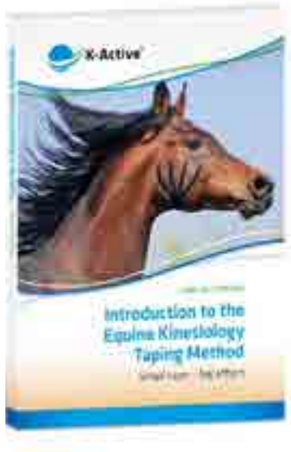
Our complete course offer can be found at www.k-active.com

K-Active® Literature
Introduction to the Equine Kinesiology Taping Method

Small tape – big effect
by Carolin Caprano

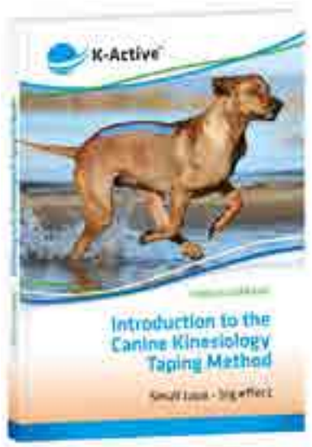
The guide „Introduction to the Equine Kinesiology Taping Method“ is primarily aimed at **animal therapists** and **interested horse owners** who have a basic knowledge of horse anatomy and pathology.

The **history** and **theoretical knowledge** will be taught and the implementation of the techniques specifically to the horse will be practiced. The reader gets a **practical instruction** by many **photos and case studies**.



K-Active® Guide Introduction into the Equine Kinesiology Taping Method	
DIN A5, Softcover, 114 pages/Art.No.	6352EN

Introduction to the Canine Kinesiology Taping Method



Small tape – big effect
by Carolin Caprano

After the success of the guide “Introduction to the Equine Kinesiology Taping Method” the further development of this taping method especially for application on **dogs** is available since 2016.

This guideline was **created on base of the training method** in the field of kinesiology taping by K-Active® Systems GmbH.

The book is primarily aimed at **animal therapists** and **interested dog owners** who have a basic knowledge of dog anatomy and pathology. This is essential to prove this supplementary therapy method on dogs effectively.

K-Active® Guide Introduction to the Canine Kinesiology Taping Method	
DIN A5, Softcover, 106 pages/Art. No.	6353EN

Osteitis pubis
An inventory from different perspectives

Background, therapy and training approaches
by Marco Congia and Co-Autors

The inflammation of the pubic (bone) joint often becomes noticeable via an **acute or chronical pain in the area of the pubic bones** as well as pubic symphysis. Famous examples are Mario Götze or Marco Reus, who had to cancel the European Championship because of this injury.

Marco Congia, (sports) physiotherapist and alternative practitioner, assembled **professionals** to create an **inventory of various viewing directions** about this disease. This book is aimed at **medical stuff** and **coaches** as well as at **persons concerned** and a good guideline for this special clinical picture.

K-Active® Guide Osteitis pubis	
DIN A5, Hardcover, 156 pages/Art.No.	6370DE

Cupping - The new method for releasing the fascia

Modern cupping: the first well-grounded cupping program for self-operators
by Heike Oellerich and Miriam Wessels

Besides sportsmen like Michael Phelps or Hollywood stars like Gwyneth Paltrow, many therapists are using the **method “cupping”** for relaxation and pain relief today. Newly, there are **easy-care cups made from silicone**, which you squeeze and than place on the skin. They are **non-breakable** and **easy to clean**. The **vacuum** that is created by the cups **solves hardenings, stimulates the blood and lymphatic flow and eliminates pain.** Furthermore it activates the immune system and contributes to the relief of disorders of, for example, **asthma, migraine, hypertension, digestive discomforts or burnout.** The book “Cupping” offers a compact theoretical introduction into this method and it subscribes the different application techniques. In the last chapter, special cupping techniques for disorders from A to Z are described step by step and with pictures.

Cupping - The new method for releasing the fascia	
16,5 x 20,0 cm, 120 pages, Softcover /Art.No.	6385DE

K-Active®

Your partner for high quality products in the field of kinesiology taping as well as sports and therapy needs

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